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Our vision is a world without Alzheimer's disease.

Over 2,000 Walkers Participate in the 2011 Walk to End Alzheimer's on Long Island



Pictured (left to right): Courtney, Karen and Brandon Henley, Mickey B, Patricia Boyden, Mel Mullin and Mary Ann Malack-Ragona.

More than 2,000 people — including approximately 250 teams — took part in Alzheimer Association Long Island's 2011 Walk to End Alzheimer's/Oktoberfest on September 10 at Old Bethpage Village Restoration. It was the largest number of individuals and teams for this event since it first began nine years ago at Eisenhower Park.

Before the start of the 5-kilometer (3.1-mile) walk, participants were given a "flower" in which they wrote their names and a message to a loved one who suffers or passed away from Alzheimer's disease. Volunteers planted them in a Promise Garden, where walkers could visit and read the messages left on the other flowers after completing the Walk. There was also a ceremony featuring guest speakers Patricia Boyden, a 58-year-old woman who was diagnosed with Alzheimer's two years ago, and Karen Henley, whose husband Michael was diagnosed with early onset Alzheimer's 10 years ago at the age of 36.

This year's theme was Oktoberfest. After the event, participants were treated to German food and music. There were vendors' tables, a petting zoo and pony rides for the children.

Currently, 5.4 million people in this country have Alzheimer's disease and more than 60,000 of them reside on Long Island. By the middle of this century, it is estimated that approximately 14-16 million people will have a diagnosis of Alzheimer's disease; 1 out of 8 baby boomers is at risk.

Donations will be accepted for the Walk until December 31. To make a donation, please contact Mary Ann Malack-Ragona at (631) 820-8068 or visit www.alz.org/longisland.

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Facts About Alzheimer's Disease

- An estimated 5.4 million Americans have Alzheimer's disease, according to the Alzheimer's Association. Of that number, 5.2 million are 65 years of age and older.
- One in eight people age 65 and older have Alzheimer's.
- In New York State, 414,000 people have Alzheimer's and 60,000 of them live on Long Island.
- Nearly 15 million Americans provide unpaid care for a person with Alzheimer's or another form of dementia and 80% of that care provided at home is delivered by family caregivers.
- In 2010, these caregivers provided 17 billion hours in unpaid care at a value of more than \$202 billion. New York State has 990,490 people caring for those with Alzheimer's and dementia. These caregivers perform more than 1.1 billion hours of unpaid care per year at an annual value of more than \$13.4 billion.
- Caring for those with Alzheimer's and other dementia costs \$183 billion nationwide. The cost is expected to increase to \$1.1 trillion by 2050.
- As "baby boomers" age, the number of those with Alzheimer's disease is expected to increase.

About the Alzheimer's Association

The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's research, care and support. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

For more information about Alzheimer's Association Long Island, please contact Mary Ann Malack-Ragona, Executive Director/CEO at (631) 820-8068 or visit www.alz.org/longisland.

AALI Looks to Raise \$25,000 on East End

Walk Kicks off with Grand Opening of Southampton Satellite Office; Local Resident Walks to Montauk to Raise Funds and Awareness of Alzheimer's Disease

More than 30 residents from Eastern Long Island took part in Alzheimer's Association Long Island's East End Walk to End Alzheimer's on October 1 and came together in a movement to reclaim the future for thousands on Long Island. AALI is hoping to raise more than \$25,000 to fund Alzheimer's care, support and research programs for East End families.

AALI kicked off the event with the grand opening of its satellite office in Southampton, located at 33 Flying Point Road, Suites 121/122. The new office will be staffed at least two days a week and will allow care consultants to schedule family meetings to provide information for families or individuals on the East End of Long Island who are coping with Alzheimer's disease. Executive Director/CEO Mary Ann Malack-Ragona was joined by AALI staff and volunteers and local residents in the ribbon cutting.

After the ribbon cutting, Cory Leible, a Southampton resident, began his walk from the Southampton satellite office to Gurney's Inn at Montauk to raise

funds and awareness about Alzheimer's disease. Mr. Leible was later joined by more than 30 walkers at the East Hampton Nature Preserve for the last 3.1 miles of the course, after which they took part in a celebratory barbecue at Gurney's Inn.



Cory Leible (center) begins his walk from Southampton to Montauk to kick off the East End Walk to End Alzheimer's. He is joined by (left to right): his daughter Gwendolyn Arnzen, his granddaughters Charlotte and Tess Arnzen and his wife, Vally Leible.

Alzheimer's Association Long Island Announces Relocation & Expansion

Alzheimer's Association Long Island has moved its offices from 3281 Veterans Memorial Highway, Suite E-13, in Ronkonkoma to 45 Park Street in Bay Shore. The new offices will provide more services for those suffering from Alzheimer's disease and their loved ones. There will also be a daycare center, which is scheduled to open up in 2012.

To reach out to those in Eastern Long Island who are in need of services, Alzheimer's Association Long

Island has expanded its reach with the addition of a satellite office at 33 Flying Point Road, Suites 121/122 in Southampton. A care consultant and the organization's chief executive officer, Mary Ann Malack-Ragona, will be in the satellite office at least two days a week. The new Southampton office will allow care consultants to schedule family meetings to provide information for families or individuals on the East End of Long Island who are coping with Alzheimer's disease.

Alzheimer's Association Long Island Hosts Public Input Sessions for National Alzheimer's Plan



Jed Levine (left) and Mary Ann Malack-Ragona (right) at the NAPA Input Session in Little Neck.

U.S. Congressman Steve Israel (left) and Mary Ann Malack-Ragona (right) at the NAPA Input Session in Farmingdale.

Alzheimer's Association Long Island hosted a series of public input sessions to solicit views, comments and perspectives from stakeholders in the Alzheimer's community to assist in the development of a successful National Alzheimer's Plan. These sessions were held August 18 at Brandywine Assisted Living at The Savoy in Little Neck (in conjunction with Alzheimer's Association's New York City chapter); August 23 at Long Island State Veterans Home in Stony Brook; and August 24 at Farmingdale State College.

Those in attendance — including those living with Alzheimer's, their caregivers, representatives from state and local governments, the research community, health systems and long-term care facilities — shared their thoughts about what elements need to be addressed to help those impacted by Alzheimer's disease.

The recommendations and comments expressed during these input sessions, which took place across the country during the month of August, will be collected and shared with officials from the U.S. Department of Health and Human Services, the agency charged with developing a national plan to address the escalating public health crisis. The plan is expected to be finalized in December.

The National Alzheimer's Project Act was created in January when President Obama signed the National Alzheimer's Project Act into law, after unanimous passage in both the U.S. House and Senate. The recommendations and comments expressed during the input sessions were collected and will be shared with officials from the Health and Human Services Department.

Karen Henley Receives 2011 Advocate of the Year Award

On March 2, the Coalition of New York State Alzheimer's Association Chapters, Inc. presented Karen Henley with the 2011 Frank Carlino Outstanding Advocate Award. Ms. Henley was recognized for her exemplary service to the Alzheimer's community and for her public policy efforts on behalf of all Long Island families who are coping with the challenges of Alzheimer's disease.

Mrs. Henley was recognized for her public policy efforts in Washington, DC during 2010 — efforts that helped the Alzheimer's Association pass the National Alzheimer's Project Act (NAPA), a legislative initiative that will create a coordinated national plan to overcome the Alzheimer's crisis and will ensure the coordination and evaluation of all national efforts in Alzheimer's research, clinical care, institutional, and home and community-based programs and their outcomes. NAPA was signed into law by President Barack Obama on January 4.

Mrs. Henley's husband, Mike, was diagnosed with early onset Alzheimer's disease in 2001 at the age of thir-

ty-six. Mrs. Henley has become a spokesperson for all individuals in this country who have a diagnosis of early onset Alzheimer's disease, appearing on local TV, sharing her story with *Newsday* and speaking at the chapter's Annual Education Conference. The family also raises money every year for the chapter's Annual Walk To End Alzheimer's, helping to support the full mission of the association — research, care and cure.



Pictured (left to right): Mary Ann Malack-Ragona, Courtney Henley, Karen Henley, Brandon Henley, and New York State Senator Jack M. Martins.

Mary Ann Malack-Ragona Discusses Research and Care for Alzheimer's Disease

Forum at Cold Spring Harbor Lab Hosted by U.S. Congressman Steve Israel



Pictured (left to right): Marlo Paventi, Mary Ann Malack-Ragona, and James Clyne.

Mary Ann Malack-Ragona, Executive Director/Chief Executive Officer of Alzheimer's Association Long Island, was one of the guest speakers at "A Forum on Alzheimer's Disease: An Update on Policy, Research and

Innovative Care," which was held April 20 at Cold Spring Harbor's Genome Research Laboratory in Woodbury. The forum was hosted by U.S. Congressman Steve Israel.

Ms. Malack-Ragona's presentation, "Helping Patients, Supporting Loved Ones and Educating the Public," focused on advocacy and care of Alzheimer's patients and their families. She also mentioned the recent updates to the guidelines and criteria in diagnosing Alzheimer's and other dementias and how they will help those afflicted with the disease.

The purpose of the forum was to collaborate with other organizations in seeking solutions on how to leverage research, accelerate the development of treatments and broaden access to innovative care in order to improve the quality of life for millions of Americans.

30 Swimmers Take Part in 8th Annual Distant Memories Swim



Swimmers and kayakers pose at Asharoken Beach before taking to the water at the 8th Annual Distant Memories Swim on July 28.

More than 30 swimmers and kayakers took part in the 8th Annual Distant Memories Swim on July 28. The participants started out at Asharoken Beach and swam across the bay to Knollwood Beach in Centerport — a distance of approximately 3.5 nautical miles (more than 4 miles). Erik Zaratin, a resident of Syosset, was the first swimmer to finish, with a time of 45 minutes and 30 seconds.

The swim was spearheaded by Bryan Proctor, a Northport resident who started the swim as a way to raise

money for Alzheimer's Association Long Island and to raise awareness about Alzheimer's disease. The cause is very close to Mr. Proctor, as his grandfather and aunt passed away from Alzheimer's disease.

This year's swim was dedicated to the memory of Hal Daly, who passed away after battling the disease in 2003. Mr. Daly, who was a lifeguard for 40 years, served in the U.S. Navy as a medical corpsman reservist and also worked for the United States Postal Service.

NYCB/Roslyn Savings Bank Donates \$15,000 to Walk to End Alzheimer's

Virginia Belling, Senior Vice President and Retail Banking Regional Executive for the Roslyn Savings Bank Division of New York Community Bank, presented a check in the amount of \$15,000 to Mary Ann Malack-Ragona, Executive Director/Chief Executive Officer of Alzheimer's Association Long Island, at the annual Walk to End Alzheimer's Kickoff Breakfast at Fox Hollow Inn on June 24.

NYCB's and Roslyn Savings Bank's generous donation helped Alzheimer's Association Long Island come closer to its goal of raising \$400,000. The connection to Alzheimer's Association Long Island is also a personal one for Ms. Belling, as her father had Alzheimer's disease.



Virginia Belling (left) and Mary Ann Malack-Ragona (right).

AAI Presents Annual Memories in the Making Tea & Art Exhibit

On June 14, Alzheimer's Association Long Island held its Annual Memories in the Making Tea & Art Exhibit at the Stonebridge Country Club in Smithtown. The event presented artwork that was created by residents from 50 assisted living communities from across Long Island between September 2010 and June 2011.

Mary Ann Malack-Ragona, Alzheimer's Association Long Island's Executive Director and CEO, spoke about the importance of understanding what Alzheimer's disease is and learning the signs, as well as the need for continuing research to learn how to eventually beat the deadly disease.

During the event, attendees had the opportunity to purchase the artwork, with all proceeds going to benefit Alzheimer's Association Long Island. This event was sponsored by the Fay J. Lindner Foundation and The New York State Department of Health.



Mary Ann Malack-Ragona (behind podium) addresses assisted living residents and their caregivers at the annual 2011 Memories in the Making Tea & Art Exhibit. She is joined by Adrienne Hartill, CTRS, Alzheimer's Association Long Island's Director of Programs.

Bankers Conseco Life Insurance Company's Forget Me Not Days Raises \$2,900 for Alzheimer's Association Long Island

On June 9, Bankers Conseco Life Insurance Company's Branch Sales Manager Jason Prew presented to Alzheimer's Association Long Island Executive Director/Chief Executive Officer Mary Ann Malack-Ragona a check for \$2,900. The money was raised through Bankers Conseco's 9th annual Forget Me Not Days, which was held May 13-14.

During those two days, employees from Bankers Conseco's Islandia office were stationed at Ace Hardware in Bohemia, Waldbaum's in East Setauket and Walmart in Centereach to collect donations for Alzheimer's Association Long Island. Those who donated to the cause received packets of Forget Me Not flower seeds.

This annual fundraising event has special meaning to the employees and agents at Bankers Conseco who have seen firsthand the effect that Alzheimer's disease has on their policyholders and their families.



Pictured (l-r): Maria Camassa, Lauren Trnka, Danyel Ortega, Jason Prew, Mary Ann Malack-Ragona and Curtis Moore.

Kenneth and Patricia Delaney Honored at 1st Annual Col. Kenneth F. Lawlor Memorial Golf Tournament

Golf Outing Raises \$127,000 for Neuwirth Family Care Center



Pictured (left to right): Mary Ann Malack-Ragona, Keith Lawlor, Kenneth and Patricia Delaney, and Mel Mullin.

Alzheimer's Association Long Island held its 1st Annual Col. Kenneth F. Lawlor Memorial Golf Classic at Huntington Country Club on July 11. The event raised \$127,000, which went to benefit the Neuwirth Family Care Center. The center is housed in AAI's office in Bay Shore and designed to help those afflicted with Alzheimer's disease and their families. The center is named after Marvin Neuwirth, President of The Neuwirth Foundation, who was a caregiver for his mother who suffered from Alzheimer's disease.

The honorees for the inaugural tournament were Kenneth and Patricia Delaney. Ms. Delaney was Col. Lawlor's daughter and is the aunt of Keith Lawlor, chairman of the golf tournament and Col. Lawlor's grandson.

Keith thought his aunt and uncle should be honored in this event since they have been regular supporters of the chapter's events because of their connection to Alzheimer's disease. Col. Lawlor was diagnosed with Alzheimer's in the last years of his life. Lending their name to the event helped bring their friends, family and business colleagues into the Alzheimer's community.

